



10513



In-Class



8 hours



EGP 3,450

Course Description:

This program enables participants to develop the mindset, habits, and tools required to become effective, self-directed learners. It focuses on building learning agility through practical techniques such as goal setting, note-taking, networking, and accountability. Participants will explore how to take ownership of their development, adopt a growth mindset, and accelerate their learning in both personal and professional contexts.

Target Audience:

- Employees seeking self-development
- Fresh graduates & early-career professionals
- Professionals transitioning to new roles
- Anyone aiming to improve learning effectiveness and career growth

Course Objectives:

By the end of this course, participants will be able to:

- Explain the principles of lifelong learning & the impact of mindset on personal & professional development
- Apply effective learning techniques, including notetaking, reflection, and knowledge structuring
- Analyze personal learning needs and apply goal-setting and networking strategies to enhance learning
- Evaluate learning progress and develop a personalized learning plan to accelerate continuous growth

Course Outline:

Module 1: Learning Mindset & Foundations

- What is lifelong learning
- Growth vs. fixed mindset
- Self-awareness in learning
- Why learning is critical for career growth

Module 2: Learning Techniques That Work

- Note-taking methods (Cornell, Mapping, etc.)
- Active listening & reflection
- Learning by doing & retention strategies
- Structuring and simplifying knowledge

Module 3: Strategic Learning (Goals & Networks)

- Identifying learning strengths & gaps
- SMART goals for learning
- Building and using your network
- Asking powerful questions

Module 4: Learning Agility & Personal Plan

- Measuring learning progress
- Accountability techniques
- Accelerating learning strategies
- Building a personal learning roadmap

Assessment Strategy:

Participants will be informally assessed based on their interaction during sessions and their participation in the group exercises.

Course completion will grant participants:

0.6 CEUs

Course Language:

- Training Material: English
- Facilitation: Bilingual

Prerequisites:

None