

Curiosity-Driven Thinking for Performance

Interpersonal Skills



10503



In-Class



8 hours



EGP 3,450

Course Description:

This program empowers participants to unlock their creative potential & develop a curiosity-driven mindset to enhance problem-solving, innovation, & performance. It focuses on breaking mental barriers, applying structured creativity techniques, and building habits that sustain idea generation. Participants will explore how to think differently, challenge assumptions, and transform ideas into practical solutions in both professional & personal contexts.

Target Audience:

Employees across all levels

Course Objectives:

By the end of this course, participants will be able to:

- Explore the principles of creativity and curiosity and their role in generating ideas
- Shift thinking patterns by overcoming mental blocks and limiting beliefs
- Generate innovative ideas using structured creative thinking techniques
- Translate ideas into practical solutions and actions

Course Outline:

Module 1: Creativity & Curiosity Foundations

- What is creativity (myths vs. reality)
- Divergent thinking and idea generation
- Curiosity as the driver of creativity
- The role of imagination and inspiration

Module 2: Breaking Mental Barriers

- Identifying mental blocks and limiting beliefs
- Overcoming fear of judgment and failure
- Beating procrastination and self-doubt
- Building a positive and open mindset

Module 3: Creative Thinking in Action

- Brainstorming techniques
- Mind mapping and visualization
- Asking powerful questions
- Thinking like a beginner (child-like curiosity)
- Generating and expanding ideas

Module 4: From Ideas to Implementation

- Evaluating and refining ideas
- Structuring and organizing thoughts
- Applying creativity to problem-solving
- Turning ideas into actionable steps
- Sustaining creative habits

Assessment Strategy:

Participants will be informally assessed based on their interaction during sessions and their participation in the group exercises.

Course completion will grant participants:

0.6 CEUs

Course Language:

- Training Material: English
- Facilitation: Bilingual

Prerequisites:

None