

# Train the Trainer

Skills for Success



9060



**In-Class** 



24 hours

## **Course Description:**

Whether you're aspiring to become a professional trainer or deliver training as part of your role, preparation is key to success. This Train-the-Trainer workshop equips participants with the essential skills to design and deliver impactful, engaging learning experiences. Through a blend of practical tools and techniques, participants will gain expertise in facilitation, conducting needs analyses, and navigating challenging topics, empowering them to confidently lead their own effective training sessions.

## **Target Audience:**

- New or Inexperienced Trainers
- Team Leaders and Managers
- Human Resources Professionals
- Subject Matter Experts (SMEs)
- Anyone interested in becoming a more effective communicator

# **Course Objectives:**

By the end of the program, participants will be able to:

- Understand key concepts of training and facilitation
- Develop effective lesson plans and activities
- Prepare thoroughly for a workshop
- Master delivery techniques
- Address difficult participant behavior

### **Course Outline:**

## **Module One: Understanding Training and Facilitation**

- What is Training?
- What is Facilitation?
- Identifying Appropriate Situations for Each
- Identifying Participants' Needs
- Reviewing the Materials
- Identifying and Resolving Gaps

### **Module Two: Creating a Lesson Plan & Activities**

- Planning for the Basics
- Adding Slack Time
- Creating Plan B

- A Take-Home Template
- Types of Activities
- Creating a Tickle Trunk
- What to Do When Games Go Wrong

## **Module Three: Preparing for the Workshop**

- Creating a Materials List
- Gathering Participant Information
- Setting up the Physical Location
- Greeting Participants
- Being Prepared
- Using Icebreakers

### **Module Four: Delivery Mastery**

- Voice, body language, and presence
- Managing timing and pacing
- Storytelling and real-life examples
- Managing energy levels in the room
- Use of multimedia (PowerPoint, video, whiteboard, etc.)
- Encouraging engagement and interaction

#### **Module Five: Managing Challenging Situations**

- Dealing with difficult participants (talkers, silent ones, dominators, know-it-alls)
- Handling objections or skepticism
- Emotional intelligence in the training room
- Conflict management techniques

# **Assessment Strategy:**

Participants will be informally assessed based on their interaction during sessions and their participation.

#### **Upon Successful Completion of this Course, participants will obtain:**

2 CEUs

#### **Course Language:**

- Material: English
- Instruction and Explanation: Bilingual

#### **Prerequisites:**

None