



8627



In-Class



16 hours

Course Description:

This course offers a comprehensive and practical introduction to the principles of Business Continuity and Business Resilience. It focuses on how organizations can adopt smart, adaptive strategies to anticipate, respond to, and recover from disruptions. Participants will explore global case studies, simulation exercises, and proven frameworks to help embed resilience into daily operations.

Target Audience:

- Business continuity and risk management professionals
- Operational, compliance, and strategic planning teams
- IT, cybersecurity, and facilities management staff
- Senior managers, department heads, and decision-makers

Course Objectives:

- Understand the core concepts of business continuity and resilience
- Identify key operational risks and assess business impacts
- Develop business continuity and incident response plans
- Design strategies to ensure recovery and minimize downtime
- Foster a proactive, resilience-driven organizational culture

Course Outline:

Module 1: Introduction to Business Resilience

- Definitions and key concepts
- The importance of smart and adaptive resilience
- Current trends and challenges

Module 2: Business Resilience Lifecycle Overview

- Stages of the BR lifecycle
- Strategic integration with enterprise operations

Module 3: Policy and Program Management

- Developing resilience policies and governance structures
- Establishing roles, responsibilities, and stakeholder engagement

Module 4: Embedding Resilience in the Organization

- Building awareness and training programs
- Creating a resilience culture
- Communication and leadership alignment

Module 5: Analysis

- Business Impact Analysis (BIA)
- Risk assessment methodologies
- Identifying critical functions and dependencies

Module 6: Design

- Developing business continuity and incident response strategies
- Recovery objectives (RTO/RPO)
- Resource planning and alternate procedures

Module 7: Implementation

- Executing the continuity plan
- Coordinating across departments
- Technology and infrastructure considerations

Module 8: Validation

- Testing and exercising the plan
- Lessons learned and continuous improvement
- Audits and compliance

Module 9: Resilience Benefits and Organizational Impact

- How BR adds value to employees and stakeholders
- Return on resilience investment
- Case studies from real-world applications

Assessment and Attendance Strategy:

- Participants will be evaluated based on their participation in class discussions and individual exercises.
- Each Participant must achieve 80% attendance of the total in-class sessions

Course Language:

- Material: English
- Instruction and Explanation: Bilingual (EN <>AR)

Prerequisites:

- Basic knowledge of business operations
- No prior experience in continuity or risk management is required