

# Unity in Motion: Enhancing Group Performance

Skills for Success



**In-Class**



**8 hours**



**EGP 2,680**

## **Course Description:**

this course is designed to help participants to explore how individuals interact within teams and the impact of these interactions on group performance and effectiveness. Participants will learn about the fundamental principles of group behavior, the stages of team development, and the roles that individuals play in collaborative settings.

## **Target Audience:**

For all levels.

## **Course Objectives:**

By the end of the course, participants will be able to:

- Understand the role of groups within the organization and the phases of group socialization.
- Detail the stages of group development & the difference between groups and teams.

## **Course Outline:**

### **Module 1: Understanding Interactions and Impact**

- Group Dynamics and the Organization
- Group Performance Factors
- Group Socialization
- Group Cohesiveness

### **Module 2: The Journey to Team Success**

- Stages of Group Development
- Communication within Groups
- Groups V's Teams
- Belbin's Management Team Roles

## **Assessment Strategy:**

Participants will be informally assessed based on their interaction during sessions and their participation in group exercises.

## **Upon Successful Completion of this Course, participants will obtain:**

0.6 CEUs

## **Course Language:**

English

## **Prerequisites:**

N/A