



CENTRAL BANK OF EGYPT  
Egyptian Banking Institute

# Psychological Safety “LEVEL 2”



8 Hours



In-Class

Center of **Excellence** and **Knowledge Hub**

[www.ebi.gov.eg](http://www.ebi.gov.eg)

**Course Description:**

This training program is designed to equip participants with the knowledge and skills necessary to create and maintain a psychologically safe environment within their teams. By exploring the key components of psychological safety, including inclusion, learner, contributor, and challenger safety, participants will learn how to encourage open communication, foster trust, and enhance collaboration. Through interactive discussions, practical exercises, and real-world case studies, participants will develop actionable strategies to cultivate a culture where individuals feel safe to share ideas, express vulnerabilities, and take risks without fear of negative consequences.

**Target Audience:**

Team leaders, managers, HR professionals, and anyone looking to improve team dynamics and enhance overall performance through psychological safety.

**Course Objectives:**

**By the end of the course, participants will be able to:**

- Explore the four stages of psychological safety in the workplace
- Classify leadership behaviors needed to build psychological safety
- Compile hands-on practical activities
- Practice advanced communication/relationship-building techniques

**Course Outlines:****Module 1: Inclusion Safety**

- Explore ways to share vulnerabilities
- Examine techniques for building relationships

**Module 2: Learner Safety**

- Identify barriers to learning in teams
- Determine tools to share past mistakes and lessons learned

**Module 3: Contributor Safety**

- Discuss feedback techniques that enhance psychological safety
- Assess coaching approaches based on different personalities

**Module 4: Challenger Safety**

- Assess a different method of sharing different opinions
- Estimate ways to entertain disruptive ideas

**Course Duration**

1 Day - 8 hours

09:00 AM – 5:00 PM

**Delivery Method**

In-class

### **Assessment Strategy**

Participation

60 % Cut of a score of total grades which is "100"

### **Course Language**

Material: English

Instruction and Explanation: Bilingual

HOTLINE  
**15200**  
*One number to better serve you!*

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