



CENTRAL BANK OF EGYPT
Egyptian Banking Institute

Impact of Coaching on Your Career



2 Days



In-Class

Center of **Excellence** and **Knowledge Hub**

www.ebi.gov.eg

Course Description:

The implementation of effective coaching programs can unlock the potential of employees, improve motivation levels, and, if done right, be far more beneficial than any other form of training and development methods.

When the stress is on to meet targets and managers are hurried to meet deadlines, coaching is usually the first task to get dropped from their team development activities.

Target Audience:

- Leaders who coach teams
- Team members interested in knowing more about themselves and others
- People interested in coaching and helping others

Course Objectives:

By the end of the course, participants will be able to:

- Understand the role of a coach as a leader
- Acquire and implement proven coaching techniques to help move people forward

Course Outlines:**Module 1: Coaching Definition & Building a Strong Foundation**

- What is coaching?
- Difference between coaching, consultancy, mentorship, counseling and therapy
- What is rapport and how can we build it?
- Mirroring your coachee
- Setting up the stage for coaching
- Coaching Dos and Don'ts
- Challenges and opportunities

Module 2: Coaching Methodologies & Tools

- Defining coaching outcomes using NLP Methodology and creating evidence
- Listening and Questioning Techniques
- The GROW Model
- NLP Coaching Tools
- Wrapping up coaching and Concluding results

Course Duration:

2 Days - 16 hours

09:00 AM – 5:00 PM

Delivery Method:

In-class

Assessment Strategy:

Participation

Group Exercise

60 % Cut of a score of total grades which is "100"

Course Language:

Material: English

Instruction and Explanation: Bilingual (AR<>EN)

HOTLINE
15200
One number to better serve you!

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